News Notes From Movieland & By DAIST DEAN.

ROAD, human, sympathetic lov-BRUAD, human, sympathetic lovwhite hair, have endeared Mary Maurice to all her coworkers and to an ever growing host of admirers.

Not only is she the "mother confer-

ever growing hast of admirers.

Not only is sits the "mother confessor to all her "hoys" and "girls" of the Vitagraph company, who find in Mother Maurice a great wealth of human kindness and tenderness, but as the screen these same heart appealing emotions have registered just as strongly. Terhaps the stadious life of her earlier years is in part responsible for her earlier years is in part responsible for her earlier years in the world later, in grofessional life, has divulged to her school of the human heart.

Nearly 50 years and which her "silver strands were golden. Miss Maurice started her golden. Miss Maurice started her golden. Miss Maurice started her professional career in Phitsburgh in a furce, but gravitated toward Shaktserian roles with John McCullough. Edwin Booth and Lawrence Earrett and then, with Joseph Jefferson in "Rip Van Winkle."

On the screen her smile, radiating her wonderful personality, has made her so beloved as to be called "The Mother of the Movies" and her portrayals in "The Sins of the Mothers and "The Barille Cry of Peace" are fine exampless of her art.

"CINDERELLA STORY" FILM FAVORITE NOW

FILM FAVORITE NOW

Do you know what a "Cinderella" story is? It is a photoplay story (now-salays) where the heroine starts out as a poor little, abused, ragamuffin girl, and later in the story is "adopted by the old milliousire" and wears just cooles of diamonds and besutiful growns and things.

Vivian Rich of "Flying A" fame is the person when she can have "Cinderella" parts. Perhaps the reason she likes them so much is because she is just the type of girl who looks pretty, charming and lovable in rags—and then, when she gets all dressed up in the because if clothes of affluence!—she is adorable.

heautiful clothes of affluence—the is adorable.

While Vivian has never been obliged to experience the autrows of child want, she has the sympathetic heart of one who actually had suffered portery. She wishes she had millions of dollars so that she could go to every poor little child in the hig dirty cities, or to the Hitle abused farm children who live in unhappy drudgers and hay them profits clothes and send them to schools or homes where they would be properly taken care of.



Helen Padgley, the seven year old
Thanhouser actress is much elated over
the fact that she was allowed to make
the accent in an accoplane the other day
making a scene for "A Modern Monte

Williard Mack is the author of the
peture "longitiess," which allow Ring,
and Arthur Ashley are now making.
Miss Brady has only just completed
work on the feature. "Bought and Paid
For."

Bedtime Story For the Little Ones UNCLE WIGGILY AND THE COW BELL.

By HOWARD B. GARIS.

Then he listened again. Still the hell kept ringing and all of a sudden, he heard a mooing east of voice call:

"th, dear, I wish some one would please help me."

"I will if I can," said Uncle Wiggliy quickly. "I just love to help folks, that is if I am his enough. Who are you, if you olease?"

"The Mea cow," was the answer. "I have my foot caught under a stone, and I can not pull it out—pull out my foot. I mean."

"The I think I can easily help you."

"The Most cour," was the answer. "I have being a would be more the more than the more than the most course for a walk with course help me."

The Most cour, was the answer. "I have my foot caught under a stone, and I can not pell it out—pull out my foot. I mean."

The Most cour, was the answer. "I have my foot caught under a stone, and I can not pell it out—pull out my foot. I mean."

The I think I can easily help you cut of rour trouble, said the bunny man. "I am a pretty good direger, and with my strong paws I can scratch away the durt from the stone, loosen it, and then you can pull out our foot."

"Please do no," begred the Most cox, Again the bell rang dingly-dingle.

"What is that hell" asked Incle Wingily, curious like, for he had not yet seen the cow for she was behind a hie stone.

The bell is on a strap around my neck, answered the Most cow, and then Uncle Wingily tould see it for himself, as he furned the corner and saw where children have not even started for children have not even started for children have not even started for children have not can walk with you look for an adventure and none of the other cows will follow. I will come back before milking time."

"All right," laughed Incle Wiggily, "come along! It is very early yet, the children have not even started for come."

NE morning Uncle Wiggliy Longcata the nice rabbit gentleman,
got out of bed very early.

"Where are you going so soon."

asked Nurse Jahe Funzy Wunzy, as she
heard the bunny man tramping down
stairs, his red white and blue striped
theumatism crutch going "biumpitybump-hump" on the step.

"Gh, just for a walk," he answored.
"I may have an early-morning adventure, who can could sell very little about
Units Wiggliy. Almest anything could
hispoin to him. So he went on and
over the fields and through the woods
annil pretty secon he heard a bell ring.

The bunny gentleman, with his strong
paws, began to eller anound the stone.

The bunny and heart in the woods he stone of the red was caught fast, with one
from under a stone.

"A bell on your neck!" cried Uncle
wingily. The unit of the stone with the paw a mouse lady. She was look
ing up and down the wooding road,
there saw a mouse lady. She was look.

Why do you wear a bell."

"So the boy who comes after the cown
may more easily find us. You see, all
we was keep together. I am the head
to be far to be milked.

"Ha! That is the lady mouse school
tracher. We must help each of the
wingily said.

"Ha! That is the indy mouse with the
work of the monter. I am the head
to be far off in the woods, he can hear
my tinkling bell and he knows where
we are."

"I see," and Uncle Wingily. "Well
now to get your foot loose."

The bunny gentleman, with his strone
paws, began to eller anound the stone,
making the read of the woods and
they will all be late! Oh, dear! Oh.

Each stant, She was lookther saw a mouse lady. She was lookther saw a mouse lady. She was lookthen not a clork.
Why do you wear a bell."

"Go, what is the indy mouse school
tracher. We must help hear
with the heard the woods, he can hear
my tinkling bell and he knows where
we are."

"The see," and Uncle Wingily. "Well
now to get your foot loose."

The bunny gentleman, with his strone
paws, began to eller anound the stone.

"Oh, the school bell is broken!"
The fail that.

"The bunny gentleman, with his strone heamatism crutch going binney.

On just for a raik, he answered to be far off in the woods, he my tinkline bell and he knows where my tinkline bell and he knows where my tinkline bell and the knows the knows the knows where my tinkline bell and the knows where my tinkline to be and the knows the tinkline and the knows the are.

The tunkline is the word in the knows the knows the knows the are.

The bunning and the knows the are.

The bunning and the knows the details the bunny the bell the the are.

The bunning and the know

14 YEARS Ago Today The Herald of This Date, 1902.

R Mortheastern railway will not down, and, as the old saying UMORS of the sale of the El Paso goes, "where there is much smake, there's bound to be fire." The latest story of the sale states that it has nonltively taken place. It is in the nature of a dispatch from New York City and says that the road was purchased by the Rock Island route. This roud was constructed with the aid of Bock Island capital.

Nat C. Goodwin has formed his own movie company, reported capitalized at \$1,000,000, to make four eight-reel fenures a year. The studios are to be Jocated on Goodwin's estate at San Jacated, Cal. The first release is expected to be The Prince of Broad-Bayer active to be The Prince of Broad-Bayer actives, is much classed over the fact that she was allowed to make the accent in an accoplance the other day making a scene for "A Modern Monte."

It is brought home to them.

H. B. Warner, the famous star of the speaking stage, whose work in "Alias speaking stage, whose work in "Alias speaking stage of the speaking stage whose work in "Alias speaking stage whose work in "Alias speaking stage of the speaking stage whose work in "Alias speaking stage of the speaking stage whose work in "Alias speaking stage. Whose work in "Alias speaking stage whose work in "Alias speaking stage. Whose work in "Alias speaking stage whose work in "Alias speaking stage. Whose work in "Alias speaking s

And just then, all of a sudden, a voice was heard crying:
"Oh, dear! Oh, dear! What shall I "Har" exclaimed Uncle Wiggily, "That may be an adventure now. Let us look."

So they looked and a little way ahead

Incide Wiggily. Almost anything could happen to him. So he went or and over the fields and through the woods are the fields and through the woods until pretty seen he heard a bell ringing.

"Ha! What is that" add the bunny uncile to himself. That can not be the sphool bell. The lasty mouse teacher, in the hellow stump school would not call the children so early.

"Nor can it be the church bell, for it is not Sunday. I wonder what it can be."

"Then he listened again. Still the bell kept church and all of a sudden, be beard a mooing suct of voles call:

"On, dear" I wish some one would plouse help me."

"In will if I can," said Uncle Wiggily looked at the Moo cow undit he Moo cow looked at Uncle Wiggily looked at the Moo cow with the Moo cow was free and could thing, and, I believe because be was doing a kind deed.

Soon the Moo cow was free and could wait about. Into her eyes there came a funny. "We will take the grass out with about. Into her eyes there came a funny. I would risk the grass out will about. Into her eyes there came a funny. I would risk the grass out wingle your bead and ring it to call the animal children to school."

"The Wiggily looked at the Moo cow wint the Moo cow was free and could with a foot one. So the Moo cow, and you can wingle your bead and ring it to call the animal children to school."

"The Wiggily looked at the Moo cow wint the Moo cow wint."

"We will take the Moo cow with the Moo cow. I have a good thing a good thing a good thing a good the Moo cow. There is your chances." Cried the banny. "We will take the grass out with man a good the Moo cow with the Moo cow. So Uncle Wignily looked at the Moo cow will take the Moo cow with the Moo cow. So Uncle Wignily looked at the Moo cow with the Moo co so, after finkling her beil, the Moo cow and Uncle Wiggily went for a nie lone walk. And if the gas stove doesn't get locked inside the match safe, where it can't get out to go to the moving pictures. I'll tell you next about Uncle Wingily and the lead money.—Copy-right, 1915, by McClure Newspaper Syndicate.

> HOW CAN I TELL IF HER PARENTS APPROVE OF ME? - A.B.C. KAUDER 3000

IF THE LIGHT, IS LIT IN THE HALL WHEN YOU HAVE TO GO DOWN TWELVE FLIGHTS OF

SCHOOL DAYS

Beauty Chats By Edna Kent Forbes

More About Yogi Breathing

A states of Chars that appeared which pushes out the ribs, allowing some time ago, devoted to Yogi more room for the chest to expand, methods of breathing, excited the lastly, the upper part of the chest, interest of women readers for quite which lifts this up, and with it a time after the articles ceased to some six or seven pairs of ribs. Reappear. Several wrote me, asking tain the breath a few seconds, and me to devote a few Chats to the exhale slowly. Relax, and repeat at spiritual side of the Yout religion, least a half dezen times. The pourand to explain the meaning of their ing of air into every cell of the chest



Breathe beauty and vitality into your body with every breath you draw

as this space should be devoted simply to discussions of beauty culture and the simplest and sanest methods of acquiring good looks, and of keeping one's health and youth. Those interested in Voglism will find the books on the subject fascinating reading, whether they accept the reality very sane teachings or not. The philosophy is simply—a clean life for good health. For women, this means beauty as well.

The Yogl breathing exercises are wonderful. I am giving directions here for their Complete Breath, leaving out all discussion of its spiritual effect and using it only for the wonderful vitalizing qualities it gives.

Sit, or stand, hands on hips. Inhale steadily, filling first the lowest part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which puts a gentle pressure on the abdomen, then the middle part of the lungs, which are the culties B.—If you care troubled so much with hangsalls about the finger floor, the lungs with an orange on the nail treat posset the mid the nail. He a good outled read with an orange on the nail treat present the looke bits at the time with an orange on the nail treat with an oran as this space should be devoted simply to discussions of beauty culture

philosophy. Three such letters are will bring new oxygen to clear and before me at the moment.

The spiritual side of Yoglism is blood on a race through the body, too deep to go into here, inasmuch and make you feel like a new person.

Ouestions and Answers

Copyright by George Matthew Adams

Today's Daintiest Dish



Grape Parfail.

Mash two cupfuls of picked concord grapes with a cup of sugar, and then rub it through a fine sieve. Make hot two cups of bottled unfermented grape juice, dissolve in it two tablespoonfuls of gelatine, and strain it into the fruit pures. Whip stiffly two cups of cream in which has been mixed one-quarter cup of sugar. Put the fruit pures into the freezer and freeze it to the consis-Mash two cupfuls of picked freezer and freeze it to the consisfreezer and freeze it to the consis-tency of a thick batter. Then add the whipped cream. Serve in chilled par-fait glasses, and garnish with whipped

AKE this for Sunday's dinner, cream. Little princess cakes are de-

By DWIG

HERE HE IS, HEN YOU'D HADNYT OUGHTA) TOUT ON OLE HEN, Stanfit - You Got NT A-COMPT' TO



Women Once Invalids

Now in Good Health Through Use of Lydia E. Pinkham's Vegetable Compound. Say it is Household Necessity. Doctor Called it a Miracle.

All women ought to know the wonderful effects of taking Lydia E. Pinkham's Vegetable Compound even on those who seem hopelessly ill. Here are three actual cases:



Harrisburg, Penn.—"When I was single I suf-fered a great deal from female weakness because my work compelled me to stand all day. I took Lydia E. Pinkham's Vegetable Compound for that and was made stronger by its use. After I was married I took the Compound again for a female trouble and after three months I passed what the doctor called a growth. He said it was a miracle that it came away as one generally goes under the knife to have them removed. I never want to be without your Compound in the house."—Mrs. Frank Knort, 1642 Fulton St., Harrisburg, Penn.

Hardly Able to Move.

Albert Lea, Minn.—"For about a year I had sharp pains across my back and hips and was hardly able to move around the house. My head would ache and I was dizzy and had no appetite. After taking Lydis E. Pinkham's Vegetable Compound and Liver Pills, I am feeling stronger than for years. I have a little boy eight months old and am doing my work all alone. I would not be without your remedies in the house as there are none like them."—Mrs. F. E. Voer 611 Wester St. Albert Lea Mirr. Yosr, 611 Water St., Albert Lea, Minn.

Three Doctors Gave Her Up. [

Pittsburg, Penn.—"Your medicine has helped me wonderfully. When I was a girl 18 years old I was always sickly and delicate and suffered from irregularities. Three doctors gave me up and said I would go into consumption. I took Lydia E. Pinkham's Vegetable Compound and with the third bottle began to feel better. I soon became regular and I got strong and shortly after I was married. Now I have two nice stout healthy children and am able to work hard every day."—Mrs. CLEMENTINA DUEBRING, 34 Gardner St., Troy Hill, Pittsburg, Penn



All women are invited to write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special advice,—it will be confidential.

The Daily Novelette THE DEATH OF HELEN.

V OU fellows may talk of won-derful trained animals, said Col. Harta Bestem—though the conversation had really been about automobiles and the relation between carburstor and spinnaker-"but did and of you ever hear of a trained flower, eh what? And not only that, but a jealous flower, ch, what-what?"

There was a dazed, shooked stience, and the colonal went on "I thought mon rose, or rawther haw haw!—an uncommen rose, that I trained from a pup—aw. I should say, a bad, in three months centleman, I trained that roto give dff perfume, or to remain allent—aw, smell-less, at my command. It was wonderful, centlemen, the amazement of the many, the horizon the horizonturalists.

"I would wake up of a morning, and there was my rose nedding in its little pot by the window. Smell, Helen, I would order, and all the way across the room she would send me the most denot. Well let me tell you about a com-

A threatening day in which many sinister influences are potent.

all in malefic aspect Jupiter and Venus are friendly. The evil apparently outweighes the good rule and they who are wise will delay new ventures of any sort.

delay new ventures of any sort.

It is an unlucky government for the aged, who should grand against accidents as well as ill health.

Saturn is in a place believed to humble the ambitious and to put pitfalls in the path of the confident.

Investors should not take any risks while Uranus is posited as in this day's configuration.

Owing to planetary influences it is said that heart, disease and sudden deaths due to blood pressure will muitiply.

deaths due to blood pressure will multiply.

The stars also presage Interest in
food values and an increased study of
dietary problems.

Deception is supposed to be easy
while this configuration prevails. Danger from women who enter big business
is foretoid.

Trouble over shipments to foreign
ports is predicted for next month.

A wreek at sea will cause a sensation in this country and will be attended by loss of life. A foreign financier
will be among the dead, it is prophesied.

sted.
Astrologers foretell that the national election will be attended by surprises for even the oldest voter. Startling discoveries in certain states are prom-

discoveries in certain states are promised.

The evening of this day should be favorable for weldings and prosperity in foreshadowed for brides.

Again troubles in the ranks of the suffragists are foreseen by ustrologers. The Catholic church has the prognostication of anxiety over social conditions and a movement for widespread reforms in large cities is apparently indicated by the stars.

Tersons whose birthdate it is may have a year of decided up and down. They should prepare for a period of streag.

A dollar saved by buying goods pro-fined elsewhere is a dollar thrown at rour neighbor's birds.

"Pape's Diapepsin" ends all stomach distress in five minutes

would order, and all the war across the room she would send me the most designed from the would send me the most designed from the would send me the most designed from the would send me the would end the war across the room she would send me the most designed from the would send me the would send me the would send me the would send me the most designed from the sour risears, no belching of undignessed from mixed with he acts, no stouch gas or heartburn, fullness or heartburn. It is want to tholde. Of course, for now admit to tholde. Of course, for now and the sour risearch with managened over, quite dead, I've never had the beart to train another.

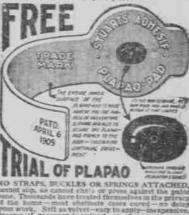
HOROSCOPE.

Thursday, October 12, 1916.

A CCORDING to astrology this is a threatening day in which many sinister influences are potent. Saturn, Uranus Noptune and Mars are all fe male fire some for many mouths. It belongs to your home.—Adventure to the want of the catter family free from stomach disorders and indicestion for many mouths. It belongs to your home.—Adventure for many mouths.

Saturn, Uranus, Neptune and Mars are

Stop Using a Truss
IRUSS WEARERS, Here's Great, Good, News



Plapas Laboratories, Block 259 St. Le

Every Complexion Blemish Banished re days - Crome Takalon and) did it and we can prove

Herald Want Ads for results

The Glory of Motherhood

Yours is the privilege to watch and cherish your baby's life by patient, tireless devotion hour by hour-and day by day. Yours is the wonderful reward that comes when that little life flourishes.

Above all, yours is the duty to see that his food is right, for the food matters more than all else.

(A Complete Food-Not a Milk Modifier) He will not feel the change, because Nestic's is so like mother's milk.

Nestic's is so the mother's milk.

Don't try to wean your baby on raw cow's milk. The shock of the great change from mother's milk to raw cow's milk is no great for the tiny attempt. Cow's milk is meant for calves, not babies, and is heavy with indigestible card. More sickness, dichitheria, scarlet fever and above all—summer complaint is carried to babies in cow's milk than it any other way.

Reep your baby each Brief by.

Keep your haby ask. Being him through the delicate time to atrong, happy childhood with the help of Nextica Food?

In Nestic's you get the best cow's mile, from sanitary duries, purified and modified so that it suits your baby.



Nurse your baby-of course. If you can't wean him on

NESTLE'S FOOD COMPANY Please send me PREE your book and trial package.